

# Elizabeth Lee Black Gluten Free Lunch Menu

## May 2023



<u>1.</u>  <b>Lunch</b> BBQ Chicken on Gluten Free Bun Steamed Carrots Assorted Fruit Milk	<u>2.</u>  <b>Lunch</b> Sloppy Joe on Gluten Free Bun Steamed Broccoli Assorted Fruit Milk	<u>3.</u>  <b>Lunch</b> Grilled Chicken Patty on Gluten Free Bun Baked Beans Assorted Fruit Milk	<u>4.</u>  <b>Lunch</b> Gluten Free Macaroni and Cheese w/ GF Bread Slice Steamed Peas Assorted Fruit Milk	<u>5.</u>  <b>Lunch</b> Gluten Free Cheese Pizza Steamed Mixed Vegetables Assorted Fruit Chocolate Pudding Milk
<u>8.</u>  <b>Lunch</b> Cheeseburger on a Gluten Free Bun Steamed Corn Assorted Fruit Milk	<u>9.</u>  <b>Lunch</b> Gluten Free Pasta w/ Meatsauce Steamed Green Beans Assorted Fruit Milk	<u>10.</u>  <b>Lunch</b> Beef & Cheese Nachos w/ Gluten Free sliced Bread Homestyle Refried Beans Assorted Fruit Milk	<u>11.</u>  <b>Lunch</b> Gluten Free Grilled Cheese Steamed Carrots Assorted Fruit Milk	<u>12.</u>  <b>Lunch</b> Gluten Free Cheese Pizza Steamed Cauliflower Assorted Fruit Rainbow Sherbet Milk
<u>15.</u>  <b>Lunch</b> WOW Butter & Jelly on GF Bread w/ Cheese Stick Vegetarian Beans Assorted Fruit Milk	<u>16.</u>  <b>Lunch</b> Sweet & Sour Diced Chicken W/ Rice and GF Bread Steamed Golden Corn Assorted Fruit Milk	<u>17.</u>  <b>Lunch</b> Gluten Free Grilled Cheese Steamed Green Beans Assorted Fruit Milk	<u>18.</u>  <b>Lunch</b> Gluten Free Pasta and Meatsauce Steamed Broccoli Assorted Fruit Milk	<u>19.</u>  <b>Lunch</b> Gluten Free Cheese Pizza Steamed Cauliflower Assorted Fruit Assorted Jello Milk
<u>22.</u>  <b>Lunch</b> Beef & Cheese Nachos w/ Gluten Free sliced Bread Refried Beans Assorted Fruit Milk	<u>23.</u>  <b>Lunch</b> BBQ Grilled Chicken Patty on Gluten Free Bun Steamed Cauliflower Assorted Fruit Milk	<u>24.</u>  <b>Lunch</b> Cheeseburger on a Gluten Free Bun Steamed Broccoli Assorted Fruit Milk	<u>25.</u>  <b>Lunch</b> Grilled Chicken Patty on a Gluten Free Bun Oven Roasted Carrots Assorted Fruit Milk	<u>26.</u>  <b>Lunch</b> Gluten Free Cheese Pizza Steamed Peas Assorted Fruit Vanilla Pudding Milk
<u>29.</u>  NO SCHOOL	<u>30.</u>  <b>Lunch</b> BBQ Pork on Gluten Free Bun Steamed Corn Assorted Fruit Milk	<u>31.</u>  <b>Lunch</b> Gluten Free Pasta and Meatsauce Steamed Broccoli Assorted Fruit Milk		

In order to qualify for a reimbursable lunch this meal must include the following components:  
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options 9th-12th: Wow Butter & Jelly Sandwich w/ Cheesestick

### Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

### MENUS SUBJECT TO CHANGE

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